

Maharishi College of Perfect Health International MERU, Vlodrop, The Netherlands



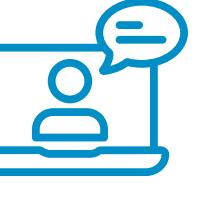
COURSE OVERVIEW - 2026



FEBRUARY

6 February – 17 March: Maharishi AyurVeda Aroma Therapy Foundation Course 
8 February – 19 June: Family Health Course 
February: Vedic Dance – Bharata Natyam 

MARCH

21 – 29 March: Professional Training in Maharishi AyurVeda, Phase I 
8 March – 24 May: Maharishi Jyotish 12-Lesson Course 

APRIL

10 – 27 April: Maharishi Light Therapy with Gems, Phase I Part 2 
End of April: Vedic Dance - Kathak 

MAY

4 May – 20 June: Maharishi AyurVeda integrated approach to psychosomatics 

JUNE

13 – 14 June: Marma Therapy Phase 1, Self-care 

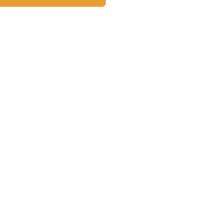
JULY

18 – 27 July: Professional Training in Maharishi AyurVeda, Phase I 
20 - July: Maharishi AyurVeda integrated approach to psychosomatics 

AUGUST

early August: Vedic Dance - Bharata Natyam 
1 – 5 August: Marma Therapy Phase 2,3 – Family and client care 
7 August – 15 September: Aromatherapy Consultant Training Course, Phase I 

OCTOBER-NOVEMBER

31 October – 4 November: Marma Therapy for Health Professional 
13 – 29 November: Maharishi Light Therapy with Gems Phase II 

DECEMBER

3 – 12 December: Aroma Therapy Consultant Training Course Phase II 

 LIVE ONLINE

 IN-RESIDENCE

MCPHI trains experts in various disciplines and offers practitioner training in a variety of different healing modalities of Maharishi AyurVeda.



www.mcphi.org