

## COURSE OVERVIEW - 2026

### FEBRUARY

6 February – 17 March: Maharishi AyurVeda Aroma Therapy Foundation Course   
8 February – 19 June: Family Health Course   
February: Vedic Dance – Bharata Natyam 

### MARCH

21 – 29 March: Professional Training in Maharishi AyurVeda, Phase I   
8 March – 24 May: Maharishi Jyotish 12-Lesson Course 

### APRIL

10 – 27 April: Maharishi Light Therapy with Gems, Phase I Part 2   
End of April: Vedic Dance - Kathak 

### MAY

4 May – 20 June: Maharishi AyurVeda integrated approach to psychosomatics 




### JUNE

13 – 14 June: Marma Therapy Phase 1, Self-care 

### JULY

18 – 27 July: Professional Training in Maharishi AyurVeda, Phase I   
20 - July: Maharishi AyurVeda integrated approach to psychosomatics 

### AUGUST

early August: Vedic Dance - Bharata Natyam   
1 – 5 August: Marma Therapy Phase 2,3 – Family and client care   
7 August – 15 September: Aromatherapy Consultant Training Course, Phase I 

### OCTOBER-NOVEMBER

31 October – 4 November: Marma Therapy for Health Professional   
13 – 29 November: Maharishi Light Therapy with Gems Phase II 

### DECEMBER

3 – 12 December: Aroma Therapy Consultant Training Course Phase II 

 LIVE ONLINE

 IN-RESIDENCE

MCPHI trains experts in various disciplines and offers practitioner training in a variety of different healing modalities of Maharishi AyurVeda.



www.mcphi.org