

Maharishi College of
Perfect Health International
MERU, Vlodrop, The Netherlands




COURSE OVERVIEW - 2025

February

14, 15, 16 February: Gardening and Agriculture in light of Maharishi Vedic Science 

22 February 2025: Professional Training in Maharishi AyurVeda, Phase I 

24 February – 12 May: Maharishi AyurVeda integrated approach to psychosomatics, Section 1: Mind and Spirituality 

March

2, 9, 16, and 23 March: An Introduction to Kathak 

8-16 March: Professional Training in Maharishi AyurVeda, Phase I
In-residence part in Maribor 

April

1 – 21 April: PanchaKarma in residence course at MERU, Phase I 

10 April to 12 June: Maharishi Jyotish: The Flow of Consciousness Connecting Past, Present and Future 

May

19 May – 15 September: Maharishi AyurVeda integrated approach to psychosomatics, Section 2 

9 May – 17 June: Aromatherapy Foundation Course 

June

7 – 27 June: PanchaKarma in residence course at MERU, Phase III (closed group of participants) 

July

31 July – 9 September: Aromatherapy Consultant Training Phase I. 

19-27 July: Professional Training in Maharishi AyurVeda, Phase I, in-residence part in Maribor 

August

31 August – 7 Sept.: Gandharva Veda as consciousness-based music therapy 

7 August to 23 October: Maharishi Jyotish Foundations Part One 

October

3 – 4 October: Marma Course for Meditators, Phase 2 

5 - 7 October: Marma Course for Meditators, Phase 3 

8 - 17 October: Marma Training Course for Health Professionals 

22 October – 8 November: Maharishi Light Therapy with Gems, Phase I Part 2 

November, December

30 November – 10 December: Maharishi AyurVeda Aroma Therapy Consultant Training Course Phase II 

 LIVE ONLINE

 IN-RESIDENCE

MCPHI trains experts in various disciplines and offers practitioner training in a variety of different healing modalities of Maharishi AyurVeda.



www.mcphi.org