



Maharishi College of
Perfect Health International
MERU, Vlodrop, The Netherlands



COURSE OVERVIEW - 2026

FEBRUARY

8 February – 19 June: Family Health Course 

MARCH

21 March 2026 to March 2027: Professional Training in Maharishi AyurVeda 

8 March – 24 May: Maharishi Jyotish 12-Lesson Course 

APRIL

10 – 27 April: Maharishi Light Therapy with Gems, Phase I Part 2 (Istanbul) 

MAY

4 May – 20 June: Maharishi AyurVeda Integrated Approach to Psychosomatics – Section 1 

JUNE

13 – 14 June: Marma Therapy Phase 1, Self-care 

AUGUST

31 August – 14 December: Maharishi AyurVeda Integrated Approach to Psychosomatics – Section 2 

SEPTEMBER

22 – 27 September: Marma Therapy Phase 2 – Self- and Family care 

OCTOBER

24 - 29 October: Marma Therapy Phase 2 – Family and client care 

31 October – 4 November: Marma Therapy Phase 3 – Health Professionals 

NOVEMBER

13 – 30 November: Maharishi Light Therapy with Gems Phase II 

 LIVE ONLINE

 IN-RESIDENCE

MCPHI trains experts in various disciplines and offers practitioner training in a variety of different healing modalities of Maharishi AyurVeda.



www.mcphi.org