



Rajapark Institute's Maharishi AyurVeda Courses in Self Marma



"In Marma, consciousness manifests into matter."

- Maharishi Mahesh Yogi

Requirements for Marma course enrollment: practice TM + pay course fees.



Lodging, meals, local payments: you may go home every evening or ensuite rooms are available at our *vastu* campus' Elephant building, 700 baht per night; additional meals at 100 baht each. Group TM and TM-Sidhi program available also. **Please pay all local fees by May 15** via Thai bank transfer or cash.

Questions: contact Diana at dwilliams@tm.org, Bangkok mobile (66) 06-4625-9066, which is also ID for LINE & What's App. She will provide details per individual needs (payment, etc.). Tell her if you need translation from English, and about your plan for enrollment. MAV Technicians, please ask for special Review details.

Phase 1 Self Marma Webinar, 13-14 June

Saturday + Sunday, 4 sessions in 2 days

Schedule: 14:00-16:00 + 18:00-20:00, Thai time

This online webinar is needed *before* Self Marma Phase 2.

Log-on at home **or** attend in Rajapark Institute's professional webinar room.

Free Thai translation is available for any participant. European and Asian timezones link simultaneously: Thais end daily at 20:00, Japanese end 22:00, Europe *begins* 9:00!

Apply and pay online at <https://mcphi.org/maharishi-ayurveda-marma-training-course-1-application-form/>. When residence country is selected, fee adapts to your location. Phase 1 **fee for Thailand is 105 Euros (about 3,870 baht)**. If you do the webinar at Rajapark Institute, there is also fee of **200 Baht** for the 2 evening meals, paid to Rajapark Institute.



Webinar professors:
Dr. Picha &
Dr. Molk



Phase 2 Marma Hands-On, 15-19 June

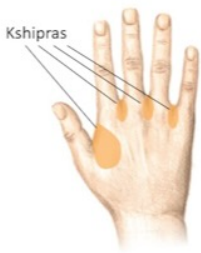
Monday through Friday: 10 sessions in 5 days; Prerequisite is Phase 1

Schedule: 10:00 AM – 12:30 PM + 14:00 PM – 16:30 PM

Ladies' and men's groups for Phase 2: 10 participants per group.

5 lunches are included in fee. Top trainers in the world will personally guide you: Kathryn Nolan and Randol Oberson.

Apply via Diana's email at dwilliams@tm.org. Phase 2 fee at Rajapark Institute for **Thai citizens is 12,500 baht** and for Foreigners is 17,000 baht. See above for optional lodging and more meals.



Review of Self Marma, 9-10-11 June (Tue-Thur)

Schedule: 10:00 AM – 12:30 PM + 14:00 PM – 16:30 PM

(6 sessions in 3 days) Participants in last year's Phase 2 are invited to a Review in ladies' and men's groups. **Thai citizens' fee: 5,500 baht**, Foreigners' fee: 7,000. **Apply** via Diana at dwilliams@tm.org.

